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## ULTRASOUND EXAMINATION

**Ultrasound examination** is a simple and informative type of diagnostics. The study takes a short period of time from 7 to 20 minutes.

### Advantages of ultrasonic safety:

- No radiation (the method is safe during pregnancy and in young children)
- Possibility of multiple repeated procedures
- Painless procedure
- Fast receipt of the results
- High information content



### Preparation for ultrasound examination:

Examination of the abdominal organs is carried out in the fasted state. 3 days before the examination, it is necessary to exclude from the diet gas-forming (legumes, carbonated drinks, milk, sweets and bakery products, black bread, sour-milk products, quark, raw vegetables and fruits, caffeine-containing strong drinks, alcohol, fat meat and fish) products.

Ultrasound diagnosis of the bladder is performed with a full bladder. When preparing for the bladder ultrasound, it is important to drink 500-800 ml of non-carbonated liquid 40-60 minutes before the examination so that the doctor receives a clear image on the monitor. This variation in numbers is due to the fact that each body has individual characteristics, and the optimal amount of liquid is found out empirically.

- Breast and pelvic ultrasound is performed on the 5-10 th day of the menstrual cycle in order to avoid false positive results.
- In other cases, no special preparation is required for ultrasound examination.

*In our clinic, the ultrasound examination is carried out on the highest, expert class equipment, which makes it possible to obtain accurate data, reduces the error probability to a minimum.*

*Love yourself, take good care of your health!*